"Your own conduct and actions have brought this on you.
This is your punishment.
How bitter it is!
How it pierces to the heart!"

(Jeremiah 4:18)



What we sow is what we are going to reap. God is calling us accountable for each and every action in our lives.

"Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life." (Galatians 6:6-7) A life of sin has consequences on man's life. A sinful life it displeases God and breaks the personal relationship between Him and man.

A person who pursues a sinful life is living a life with relationship with Devil and the power of darkness. His sin and the power of darkness represented by Devil and demons finally are the one who will bite him and harm him.

That is how it will be; the style of life will entail the end and the destiny of the person. Miserable life and prolong suffering are the result of sinful conduct and actions.

This is your punishment how bitter it is! Punishment for sin is the outcome for what we have done from sinful acts.

How bitter it is! The punishment for sin is bitter and makes life miserable, but that will help us to realize our sins and repent from them.

How it pierces the heart! God is just; His discipline and punishment for us the purpose of them is to correct us and bring repentance into our lives to come back to Him and worship Him and serve Him.



## My Prayer

Father God I come before you in the name of Jesus who died on the cross for my sins to give me eternal life.

Lord I repent from my sins

Lord helps me to realize all my shortcomings and build me once again with your grace and mercy. This all I ask and pray in Jesus name Amen.

## The Lord Is My Shepherd

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"Before I was afflicted I went astray, but now I obey your Word."

(Psalm 119:67)



"It was good for me to be afflicted so that I might learn your decrees."

(Psalm 119:71)

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